

Five Star Senior Living Trifold Redesign



Bridge to Rediscovery

Individuals with dementia still want to feel valued and involved in the world around them.

We learn all about our residents— their personal interests, routines, history, and the important people in their lives — through their Comprehensive Life Story. These special details enable us to create a unique individualized experience, where each one of our extraordinary residents can rediscover joy and meaning in life.

At a Five Star Senior Living community, your loved one with Alzheimer's or other forms of dementia can stay connected to people, places, and passions that make them who they are.

Montessori Philosophy

Our Memory Care programming is inspired by the Montessori-Based style of education that focuses on the individual, engaging with the environment, and promotes independence and self-esteem.



Relate - We relate our programs and interactions to each resident's personal story, life experiences, and current strengths.

Motivate - We motivate by tailoring activities and interactions according to each resident's interests and abilities.

Appreciate - We appreciate by creating meaningful experiences, celebrating successes, and thanking residents for engaging.

Welcome Home

Comfort and Community

We enhance emotional and physical well-being with hands-on activities and customized care plans based on each resident's life story. Each day supports exploration and resident engagement with Montessori secure environment with Montessori boxes designed to motivate residents using familiar items.

Health and Wellness

We make each day special with opportunities to exercise the body, the mind, and the spirit. Our clinical expertise and our Montessori-based program offer life skills training throughout the neighborhood to create purposeful engagement opportunities for each resident.

Dining and Nutrition

Our award-winning dining program is designed to promote a sense of familiarity and comfort. We take a quieter service, a more specialized and opulent approach, in a homelike setting that is reminiscent of their past dining experience, with a dedicated team that allows a resident's function at their highest possible level.



Bridge to Rediscovery

Discover our Montessori-Based Memory Care Program

Five Domains of Wellness

COGNITIVE: We strive to retain cognition and create new pathways for learning. Reminiscing, word games, trivia, and music therapy are some approaches for stimulating neurons and enhancing cognition.

GROUP: The desire for human connections is part of who we are. One-on-one, small group, and larger group choices such as dining, sing-alongs, reading circles, and outings foster friendships.

MOTOR: We pay attention to physical well-being, range of motion, and mobility. From activities like walking and gardening to ones that help fine motor skills-movement is encouraged.

SENSORIAL: While language skills may diminish, the senses can grow stronger. Sensory Gardens, horticultural therapy, and aroma therapy are ways to build communication through the five senses.

PURPOSE: Our approach supports the human desire to create meaning in our world. Perhaps it's teaching a skill to another resident, helping with daily tasks, or volunteerism-we create an environment that nurtures this spirit.



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Contact us

Schedule a personal visit with our specially trained team members today!

480•948•3990
FivestarSeniorLiving.com

Five Star Senior Living is a provider of community-based services that enrich and inspire the lives of older adults. Our independent living, assisted living and memory care communities are designed for living life to the fullest.

Everything your loved one needs to energize mind, body, and spirit.



PUEBLO NORTE
SENIOR LIVING
A FIVE STAR SENIOR LIVING COMMUNITY

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