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(469) 804-8330 | ABBYSL.COM

Letter from the

At Abby Senior Living, our mission is not only to provide care for seniors, but to provide our residents with a fulfilling and vibrant lifestyle. This means a commitment to mental, social, and spiritual wellness in addition to clinical care.

Our residents and their families have confidence when they become a part of an Abby Senior Living community, because we know the emphasis in senior living should be on living life to its fullest

Our luxury cottages and apartments are carefully constructed so that from the moment you step through the door, you know you are at home. At Abby we've thought of everything—including the upscale amenities and finishes you love, but also the resources that ensure you can live each day without worry.

As we like to say, Abby communities provide All of the Fun, and None of the Chores™.

Thank you, and I hope you join us at an Abby Senior Living community.

Warm Regards, BRIAN CLARKE Dricen Clarke



FREEDOM The freedom to live your life, with the knowledge that you're safe to do so.

Abby Senior Living offers Senior Living solutions ranging from Independent Living Cottages and Apartments, to Assisted Living and Memory Care Apartments. This means we're here for you at every state.

For too long, senior living has meant choosing between the freedom to live your best life and ensuring that you and your loved ones have the support they need. Abby Senior Living is determined to change that by focusing on the life you're leading both today and tomorrow whether you are moving into an Independent Living Cottage or a Memory Care apartment.

INDEPENDENT LIVING COTTAGES AND **APARTMENTS**

Our Independent Living Cottages have been carefully designed to be the vanguard in relaxed luxury for the active independent senior. These private cottages offer maintenance-free living coupled with the high-end features you deserve. From vaulted ceilings and a private 2-car garage to a private patio with ample entertaining space, our cottages are meant to enhance every aspect of your active social

lifestyle. Our gourmet kitchens with full appliance packages are equally suited for preparing a romantic dinner for two, as they are hosting your family for the holidays. With spacious twoand three-bedroom floor plans available, our cottages aren't simply a residence, they are your home.

Abby Senior Living communities also offer Independent Living Apartments, tailored to an active and social independent living experience for seniors. Our apartments are designed so that you can continue to enjoy the highest quality of life

and the countless activities just outside your door. Private oneand two-bedroom floorplans are available, each featuring a full kitchen.

Assisted Living **APARTMENTS**

Assisted Living means comfort and care, which is why our single-story neighborhood is designed to offer relaxed elegance at every turn. Our studio, one, and two-bedroom apartment homes are equipped with a deluxe kitchenette. elegant





A perfect blend of senior living options in a one-of-a-kind retirement community. Offering independent living cottages and apartments, single-story assisted living homes, and specialty memory care, our resort-style community is surprisingly affordable. Ask us about your customized home care experience today with Abby at Home.



825 Hunt Road | Baytown, TX 832-572-5594 LodgeAtPineCreek.com

bathroom with walk-in shower, entertainment package, and call pendant to reach our 24hour care staff. Our highly trained and empathetic nursing staff (RN and LVN) work with residents and their families to craft personalized plans, each uniquely tailored to residents' specific needs and preferences. Our staff is always there to assure residents are cared for with dignity and respect. Our floorplans and amenities designed to ensure you continue to enjoy the things you love daily. Whether that is enjoying a movie in the theater with friends or taking your dog for a walk on one of our lakeside paths. Our Assisted Living Apartments aren't just for living, they are for living your best life.

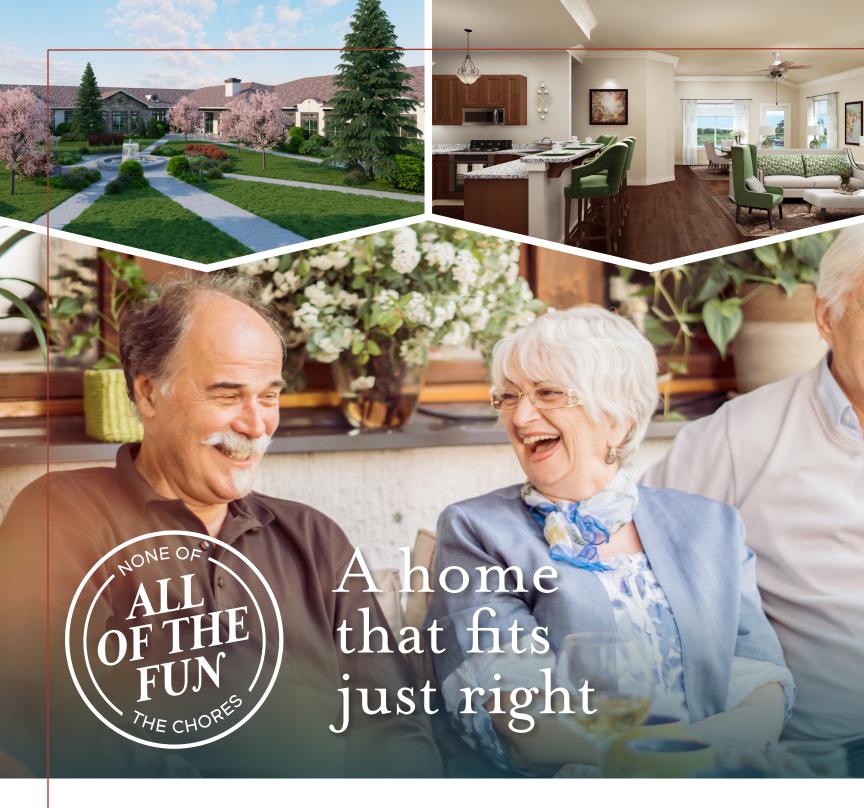
MEMORY CARE FLATS

Abby Senior Living knows that Alzheimer's, dementia, and other memory-related disorders have a holistic impact on our resident's quality of life. As a result, we take a holistic approach to creating a supportive environment for residents in our Memory Care neighborhoods. It is this commitment to exemplary care that allows our residents to continue their lives in comfort. An on-site Memory Care team provides custom services and programs, granting our residents and families a stress-free and secure environment. Our Memory Care neighborhoods have been specially curated to

offer a home-like atmosphere where residents are able to preserve their independence while knowing their needs and security will always be guaranteed. Abby Senior Living communities offer a range of engaging therapeutic and recreational activities, including music therapy, pet therapy, and sensory stimulation. Our Memory Care staff work to craft personal nutritional programs to suit each resident's taste and dietary needs while meals are served in a private dining area, or in-room. It is with this balance between structure and freedom that our residents are empowered to be themselves.







Our Independent Living Cottages offer the ultimate independent living experience for active seniors. Enjoy your private, maintenance-free home with high-end features like vaulted ceilings, private 2-car garage and private patios for relaxing and entertaining! The Wilshire Cottages aren't simply a residence, they are a home.



1600 & 1640 Greenridge Drive Burleson, TX | 682-200-0929 WilshireSeniorLiving.com

Senior Living PAST PRESENT FUTURE

The term Senior Living often invokes a number of feelings for people, some more positive than others. This is in no small part due to the massive changes the industry has undergone over the past thirty years. Senior Living was initially built out of a need that we are all familiar with, and sadly, many communities over the years have viewed themselves as a vendor simply servicing a need. These communities provided a roof overhead, and medical care as needed. but unfortunately lacked the understanding in Senior Living

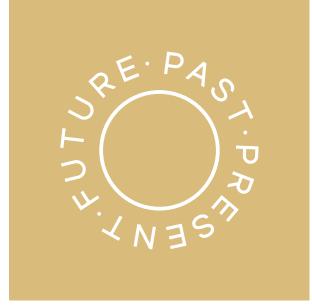


should be living living with purpose and joy.

In subsequent
decades, the Senior
Living industry has
seen two revolutions. The
first revolution introduced the
concept of the continuum of
care. The second revolution is
happening today, led by Abby
Senior Living.

The continuum of care revolution occurred several years ago, and became the model for many Senior Living communities. Incorporating this model, many communities broadened the scope of their services to allow residents to age in place at the community they have grown to consider home. This eliminated the need to physically move Mom or Dad to a new building as they began to need more help. With this change, residents and families both experienced a new degree of comfort. knowing they could stay close to friends, family, and all their favorite locations, regardless of the level of support needed.

Abby is leading the current revolution in Senior Living



- taking the continuum of care model one step further. Our communities offer fully customizable care options, but place the emphasis not on care alone—but on living. We strive to provide a luxurious environment filled with amenities, social engagements, and resources which allow our residents to continue their independent and active lifestyle, regardless of their current care needs.

At Abby Senior Living, we focus on the finer things. Our communities feature amenities like all private residences. on-site beauty salon, and transportation and concierge services, designed to indulge the needs of daily life. We have built and enhanced the continuum of care model to provide the basic care needs while facilitating a rich and fulfilling life for Abby residents. We are so excited for what the future of senior living holds, and we hope you will join us on this journey.

Resident SPOTLIGHT

Life with Abby Senior Living is a life well lived, at least according to our residents.

An Abby Senior Living community is more than a building, it's a home. This shows in the care and amenities we offer, and in the joy of our residents. Here, some residents share their experiences.



"We just wanted to express our appreciation for being able to live in a place like (Abby Senior Living). We love our home here and are so very comfortable...We feel blessed."

-Linda and Harry Thomas IL Cottage 4710 "The building and grounds are very beautiful... We have a large, lovely dining room, a library, small movie theater, beauty shop and other activity places...We have met and made new friends with other residents from all over the country and renewed old friendships with residents that we grew up with. I think, for me, the best part is the people that take care of us daily. They become like family...We feel very blessed to be here at Abby Senior Living and plan to live out our days here."

-Shirley & Benny Cooper AL Apt. 128

"(Abby Senior Living) has been great. They have treated my mom like they would their own mom. The workers love my mom and all the other residents as well. I can't imagine mom being anywhere else."

-Scott Moore Son of MC Elder Billie Moore

"The staff does their best to see that we maintain a normal life schedule. The activities are well planned to include everyone. As my old papy used to say they treat you so many ways you will have to like one of them. People we meet are friendly and there is not a bunch of clicks. The staff has gone the extra mile...If this sounds like I like this community I do and will recommend it to anyone."

-Thurston Fox 81 years old, IL Cottage 4660

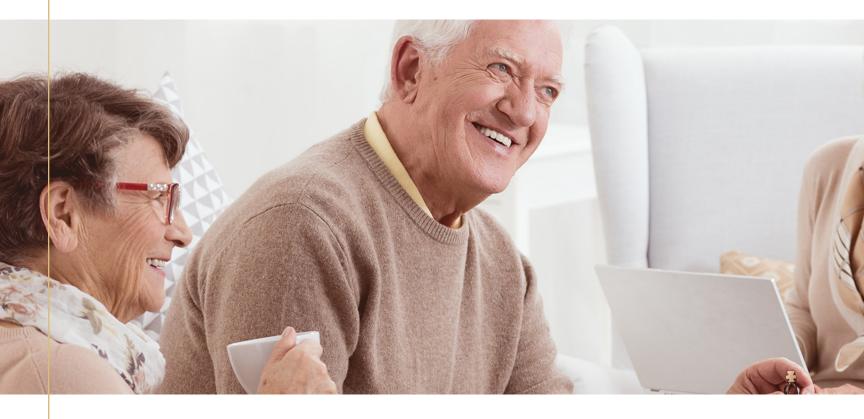


A perfect blend of senior living options to fit your lifestyle in a one-of-a-kind retirement community. Offering independent living cottages and apartments, single-story assisted living homes, specialty memory care, and a host of amenities and services, our resort-style community is surprisingly affordable.



2201 Verot School Road Lafayette, LA | 337-205-0655 VincentSeniorLiving.com

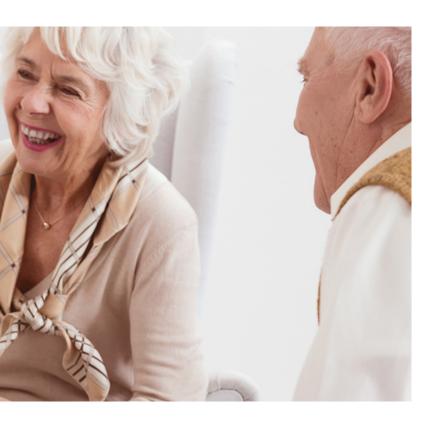




Upon entering retirement, we are often excited by the realization that we finally have the time to pursue the things that truly make us happy. However, one of the challenges we often face is maintaining our social circle and making new friends as we shift from work to relaxation. This is a natural phenomenon, as we no longer head in to the office, or meet around the mailbox the way we used to. It's all the more reason to ensure that your senior living provider is doing everything they can to allow you to maintain your lifelong friendships, and provide you opportunities to make new ones.

At Abby Senior Living, we are focused on creating an environment where you can comfortably nurture the friendships you have built over the course of a lifetime. We understand no one wants to leave a good friend behind, so our commitment is that you don't have to. With luxury private cottages and apartments, both featuring deluxe kitchen packages and on-site parking, our active Independent Living residents are able to entertain friends as you always have. Our onsite staff can also arrange transportation and restaurant reservations for when you want to get out on the town to catch up with old friends.

Abby Senior Living communities also host regular events, such as private luncheons with special chef prepared meals, and festivals along the lakefront, and movie screenings in our onsite theater—invite your friends to enjoy the luxury amenities available at your new home!



Abby Senior Living is focused on providing you with every opportunity to continue to grow you circle of friends at every stage of life. Our residents live a life of purpose with All of the Fun, and None of the Chores™. Our communities offer resort-style amenities for every day life. Some of our favorites include chef prepared meals, a deluxe fitness center, instructor-led yoga classes, and onsite club meetups at our activities center. Whether our residents are coming together for a pet playdate, card tournament, or fishing trip, Abby Senior Living is always giving our residents opportunities to live their best lives with their best friends.

Whether our residents are coming together for a pet playdate, card tournament, or fishing trip, Abby Senior Living is always giving our residents opportunities to live their best lives with their best friends.

PRECIOUS MEMORIES JOYFUL LIVING

You and your family have built a lifetime of memories that both unite and comfort you. Those memories are precious, and the onset of dementia, Alzheimer's, or any other form of cognitive impairment can be heartbreaking. At Abby Senior Living, experiencing memory loss doesn't have to mean sacrificing quality of life. Our Memory

Care program is aimed at delivering a holistic experience for our residents that focuses not only on safe, expert care, but also social engagement and emotional wellbeing. Our residents are surrounded by people helping them to live a life of purpose, activity, and joy provided by caring staff, friends, and family.

Our residents are surrounded by people helping them to live a life of purpose, activity, and joy provided by caring staff, friends, and family.

Engagement & Support for Living with Purpose

In the early stages of dementia, people often express a sense of grief, coupled with a decline in self-esteem and withdraw from social activities. This inward retreat is often the result of mourning past memories, along with the anticipation of later stages of the illness—even though these may not manifest for several years. Tragically this grief period is often associated with bouts of depression, shown to potentially advance the severity of the illness. With this in mind, Abby Senior Living recognizes quality initial support, social engagement, and purposeful living matters more than ever for our Memory Care residents and loved ones.

Our Assisted Living and Memory Care Neighborhoods are designed for seniors who may be grappling with these difficulties. Planned events, social engagements, and regular physical and emotional activities are readily available, offering residents the opportunity to continue living a happy, well-rounded life. Purposeful activities like arts and fitness classes, community excursions, and music therapy can enrich daily life. Personal activities like journaling will help residents explore life stories and share them with friends and family to ensure support through the early stages of dementia.

Comfort & Security When It Matters Most

The later stages of Alzheimer's and dementia pose unique challenges specific to every resident. Meeting these specialized needs requires more than a standardized program—it requires empathy and customization.

The Abby Senior Living Memory Care staff work with residents and their families to tailor every aspect of life—from activities and meals, to daily routines—so that our residents can enjoy each day with positivity. This includes continued community engagement, coupled with 24-hour custom care as needed. Whether this includes extra time for grooming, memory exercises, or sensory therapy, we work together to ensure each member of the Abby Senior Living family lives with the care, respect, and happiness they deserve.

Our All of the Fun & None of the Chores TM approach is aimed at allowing you to set aside the mundane and embrace the extraordinary every day.

Retirement—you've worked har for this. You wake up each day, free to pursue the things you love the most. Walk the dog, spend quality time with the grandchildren—mulch the flowerbeds? Cut the grass? Clean out the gutters?



If maintenance isn't your idea of fun, you're not alone. At Abby Senior Living communities, we take care of the maintenance for you, and your days are free to enjoy the host of amenities at your doorstep.

At Abby Senior Living, we are united in our mission to support your active lifestyle. Whether that means something long-term, like improving your fitness routine and taking up painting, or something immediate, like a trip to the dog groomer and a nice homecooked meal with your kids, we are there to help you achieve your goals.

Our All of the Fun & None of the Chores ™ approach is aimed at allowing you to set aside the mundane and embrace the extraordinary every day.

Our onsite staff offers transportation and valet services to connect you to community events and assists with reservations in and out of the community. While our housekeeping staff cleans your residence and handles your laundry so you can focus on your well-being instead of household chores. Want to make sure your beloved pet stays healthy?

Our onsite team is able to help you schedule grooming and care services without worry.

Once you are free from your chores the fun begins. Our on-site fitness center offers the opportunity to keep up with physical hobbies you enjoy or take up a new one with one of our many classes. While our activities center is equipped to handle everything from an experienced painter to a novice gamer ready to take on friends and grandkids.

This is only the start of what our team has to offer. Our staff helps you continue to do what you love and invites you to try things you didn't dream you could enjoy, from creative to mind-broadening to relaxing pursuits.



Ridgemere offers a perfect blend of senior living options, including a secure and caring environment for residents with memory-related diseases or Alzheimer's. Also offering independent living cottages, single-story assisted living homes, and a host of amenities and services, our resort-style community is surprisingly affordable.



4550 Prince Street | Conway, AR 501-514-9849 RidgemereConway.com

WHAT WE DO

Every Day at Abby Senior Living is a

GREAT ONE

MORNING



Wake up in your private apartment or cottage

Join Friends for breakfast in the dining room



Head to the fitness center or take advantage of our Salon Services

NOON



Enjoy lunch on your private patio



Clean laundry is delivered by housekeeping



Talk a quick walk with Rover along the lake



Venture over to the game room to see family visiting after school

NIGHT



Join friends for a cocktail in their home before dinner in the dining room



Adjourn to the theater to take in a movie



Return home to relax with a book before bed



Within our walls, we strive to create a rich and fulfilling life for our residents, with an emphasis on social inclusion.

An Abby Senior Living community is just that—a community of people building relationships. We take steps to foster meaningful relationships between our residents, our staff, and the greater community outside our walls. Our Senior Living communities maintain strong ties to the towns that we call home. We understand that our staff members are paramount in creating a fulfilling and joyful life for our residents, so employee satisfaction remains a top priority.

Each Abby Senior Living community has a dedicated Outreach Manager, focused on furthering a culture of comprehensive civic engagement and outreach. We work with staff to ensure that their needs are being met at work, and they are supported in their engagement with the community. Whether this takes the form of sponsoring a kid's tee ball team, or partnering with a local organization during the COVID-19 lockdowns to ensure seniors have masks, we believe the place for our community involvement extends beyond our walls.

Within our walls, we strive to create a rich and fulfilling life for our residents, with an emphasis on social inclusion. We listen to each resident's opinions and concerns, and incorporate these into enhanced opportunities for personal fulfillment at home, and meaningful connections to the community.

We strive to build a community known for our outreach and support, as much as we are known for a relaxed luxury living experience, joyful residents, and an enjoyment of the finer things. This is no small task, but our years of experience have demonstrated these connections are what sets us apart from our competitors. At Abby Senior Living, we remain focused on creating a dynamic, social, and fulfilling experience for all those we touch.

Abby Senior Living



Large living rooms and private patios in our deluxe apartments are made for entertaining and relaxing in equal measure



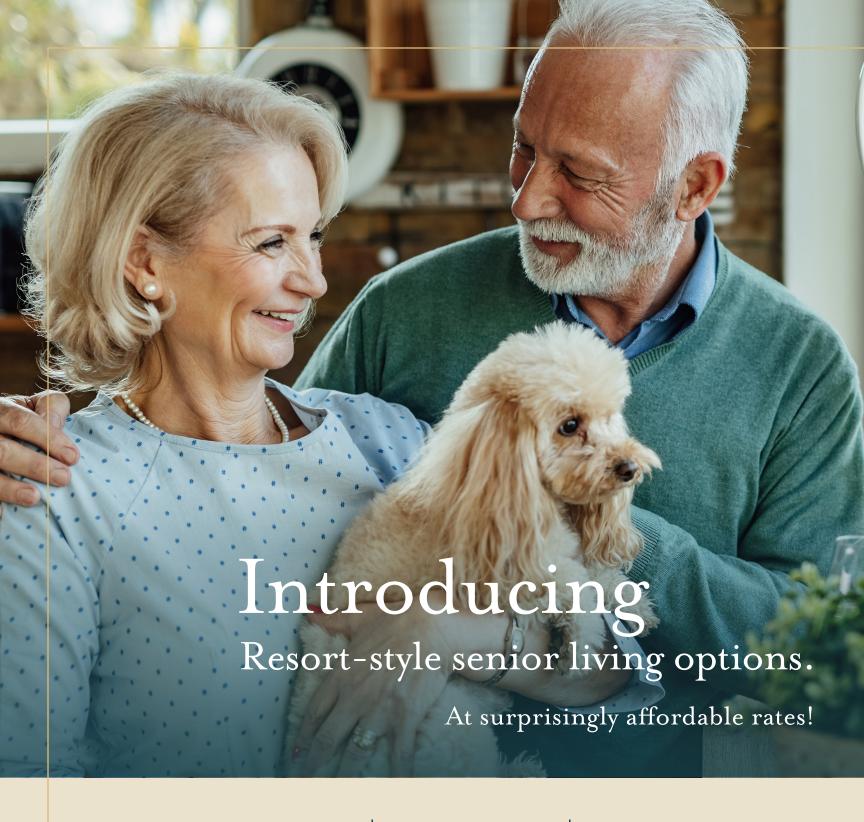
Full-service yoga and fitness center ensures our residents every opportunity to stay healthy and active



Private cottages, featuring open floorplans and full kitchens, designed to be a comfortable and homey retreat.



Luxury finishes including granite-quartz counter tops and pristine floors, showcase the attention to detail that goes into every Abby Senior Living home.



A perfect blend of senior living options to fit your lifestyle in a one-of-a-kind retirement community. Offering independent living cottages and apartments, single-story assisted living homes, specialty memory care, and a host of amenities and services, our resort-style community is surprisingly affordable.



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LEARN MORE ABOUT what $Relaxed\ Luxuy$ means



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